

Date - October 4, 2020
Scripture/Bible Story/Theme Children's Illustrated Bible – Genesis 4 Cain and Abel p. 22-23 Cain and Abel God's love for us
Workshop Name Paper Bag Cain and Abel
Opening Prayer Dear God, Please, help us to learn about you and how we can love and serve you better. Amen
Objectives <ol style="list-style-type: none"> 1. The children will learn that what God wants most from us is our love and for us to give him our best. 2. The children will learn that no matter what we do or how mad we can make God, God will always forgive us—even in the middle of punishing us. 3. The story of Cain and Abel is in the first book of the Old Testament in the Bible. Genesis contains creation.
Supplies – Note supplies for this project will be in the bag including paper lunch bags, heavy duty paper bowls for the heads, dowel sticks for support and ribbon, pieces of fabric and colored construction paper. You will need to provide stuffing material like plastic bags or newspaper, glue, scissors, a rock or something heavy for the bottom of the bag and marking pens. Note: The picture below shows a very elaborate finished Cain or Abel. Your time probably means you won't produce such a "fancy" end product, but a simple Cain or Abel will accomplish the same thing. Hopefully the picture below can serve as a good guide. The bag will include enough materials to make both a Cain and an Abel for each child. You have the supplies to do both a Cain and Abel, but one would certainly be fine.
Activity – I am including some questions here to just get the discussion started or maybe that could be used while the kids are working on the dolls. Name Adam and Eve's two sons in this passage? Cain and Abel What is a sacrifice? to give up something of value What did Cain offer to God? first fruits of his fields What did Abel offer God? first born of his flocks How did Cain feel when God rejected his sacrifice? angry, jealous Why did Cain kill Abel? he was jealous that God liked Abel's sacrifice and not his

How do you think Adam and Eve felt after Cain killed Abel? very sad

Who should Cain have blamed for offering a displeasing sacrifice? himself

Did Cain admit his deed? no - but God already knew

What punishment did God give Cain? exile, and a mark on his forehead

Cain and Abel Paper Bag Dolls



How to Make the Cain and Abel Characters



1. Place a rock or something heavy at the bottom of a brown lunch bag. Place the dowel inside the bag so it is sticking out the top.

2. Stuff the bag with plastic grocery bags or any other recycled paper or plastic. Gather the top of the bag around the dowel and glue the bag to the dowel. If you have a hot glue gun that worked well.

3. Draw the face onto one bowl.

4. Staple or glue the bowls together at the top of the dowel.



Below are the suggested directions that I used to make my sample. You are certainly free to use the materials in any manner that you would like.

5. Use the silver/metallic fabric to wrap around the bag at shoulder level.

6. Use rounded felt piece to glue to the top back of the head.

7. Use the straight leopard print to glue across the top of the forehead.

8. Use the long brown felt piece to glue across the top of the forehead and then the pieces with dangle down to the shoulders.

9. Use the short brown pieces for beards.

10. Use the ribbon across the top of the forehead.

11. I have include construction paper with your supplies in case you want to add feet, hands, birds or anything that Cain or Abel might be holding.

Reflection/Evaluation

After the activity use the questions below to review the story.

1. Who are the sons of Adam and Eve? What do they do?

2. When offering to God, what did Cain and Abel give?

3. When God was not pleased with Cain's offering, how did Cain feel? What did he do afterward?

4. Can we hide anything from God? So, if we lie does God know it?

5. What lesson have you learned from the story of Cain and Abel?

6. Have you ever felt that a brother or sister of someone else has been favored over you?

7. What should you do when you feel angry, sad or jealous?

Lord's Prayer

